

COSMIC MOTHER HERA BREATH OF ETERNAL BLOSSOMING GARDENS OF EDEN
AS MILK AND HONEY RIVERS OF DIVINE NOURISHMENT.
THE RESTORATION OF THE GARDENS OF EDEN THROUGH ETERNAL TIME

THE GARDENS OF
EDEN RASHA
BLUEPRINTS AND
ETERNAL KRYSTAL
BLUEPRINTS OF
PARADISIAN
DIAMOND SUN
EDENIC
ALIGNMENTS.

TRANSLATED BY RIZA & RAYTHEON AZURA
ORDINATION LEVEL 5



CC-BY-NC-ND License

You are free to:

Share- copy and redistribute the material in any medium or format
Under the following terms:

Attribution - You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in a reasonable manner, but not in any way that suggests the licensor endorses you or your use.

NonCommercial - You may not use the material for commercial purposes.

NoDerivatives - If you remix, transform, or build upon the material, you may not distribute the modified material.

No additional restrictions - You may not apply legal terms or technological measures that legally restrict others from doing anything the license permits.

Educational Reference: This material is designed to be freely available to the public and not limited to the exclusivity of legal privilege or monetary bindings. The information and its material is offered freely as an educational reference to the public within digital media or other methods where cost is not at the burden of the distributor or facilitator.

Other Rights - In no way are any of the following rights affected by the license:

- your fair dealing or fair use rights
- the author's moral rights; and rights other persons may have either in the work itself or in how the work is used, such as publicity or privacy rights.

Notices:

You do not have to comply with the license for elements of the material in the public domain or where your use is permitted by the applicable exception or limitation. No warranties are given. The license may not give you all of the permission necessary for your intended use. For example other rights such as publicity, privacy, or moral rights may limit how you use the material. The best way to do that is with a link to <https://creativecommons.org/licenses/by-nc-nd/4.0/>

License:

The work (as defined below) is provided under the terms of this creative commons public license ("ccpl" or "license"). the work is protected by copyright and/or other applicable law. any use of the work other than as authorized under this license or copyright law is prohibited. By exercising any rights to the work provided here, you accept and agree to be bound by the terms of this license. to the extent this license may be considered to be a contract, the licensor grants you the rights contained here in consideration of your acceptance of such terms and conditions.

Representations, Warranties and Disclaimers

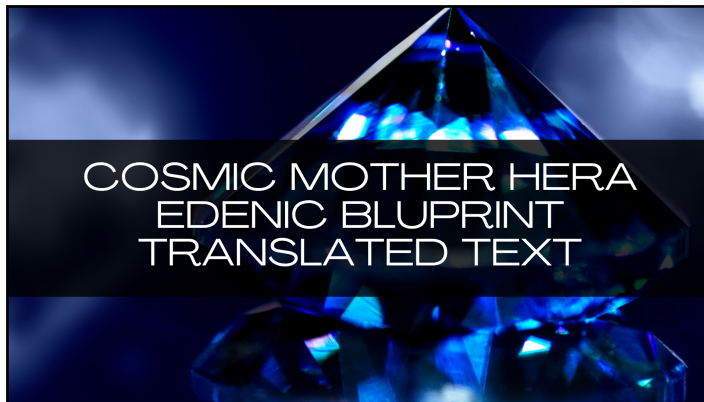
The author and publisher of this handbook and the accompanying materials have used their best efforts in preparing this handbook. The author and publisher makes no representation or warranties concerning the accuracy, applicability, fitness, or completeness of the contents of this handbook. The information contained in this handbook is strictly for educational purposes. Therefore, if you wish to apply ideas contained in this handbook, you are taking full responsibility for your actions. The information presented is the author's opinion and does not constitute any health or medical advice. The content of this book is for informational purposes only and is not intended to diagnose, treat, cure, or prevent any condition or disease. Neither the publisher nor the author is engaged in rendering professional advice or services to the reader. The ideas, suggestions, and procedures provided in this book are not intended as a substitute for seeking professional guidance. Neither the publisher nor the author shall be held liable or responsible for any loss or damage allegedly arising from any suggestion or information contained in this book. Please use precautionary measures, and at your own risk with what you decide to take on as healthy and truthful belief systems for your own spiritual growth, and wellbeing. My personal photo located in the handbook cannot be used without my permission any where, for any reason.

Terms of Usage: Any and all information, content, audios, techniques that are provided are designed as self study materials. It is the responsibility of the reader to decide the direction he or she wants to take their life with the material that is presented, and what the materials means to the reader, interpreted by their own levels of consciousness. All information is sourced from personal experiences and suggestions that are up to the reader on whether it could be helpful in one's life. Please treat all materials with immense respect, as it is eternally available to all of humanity.

Limitation on Liability:

EXCEPT TO THE EXTENT REQUIRED BY APPLICABLE LAW, IN NO EVENT WILL LICENSOR BE LIABLE TO YOU ON ANY LEGAL THEORY FOR ANY SPECIAL, INCIDENTAL, CONSEQUENTIAL, PUNITIVE OR EXEMPLARY DAMAGES ARISING OUT OF THIS LICENSE OR THE USE OF THE WORK, EVEN IF LICENSOR HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES.

<u>The Commitment and Dedication</u>	<u>4</u>
<u>Chapter 1 - The Blue Sapphire Sun-Set, Setting and Preparing the World to Receive Eden</u>	<u>5</u>
<u>Chapter 2 Galactic Core Heart Alignments ~ Pure Heart Services to Receive Eden</u>	<u>8</u>
<u>Chapter 3 - Eden - Perfection as an Embodiment</u>	<u>11</u>
<u>Chapter 4 - The Actualized Eden</u>	<u>15</u>

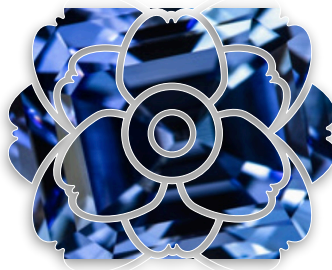


The Commitment and Dedication

From the Purest Heart Tone of our Hearts, We are committed and dedicated in restoring all aspects of an angelic human's life back into the tones of Perfection and Cosmic Glory.

Cosmic Opulence sweeping and streaming from the heart center of Cosmic Mother Universal Divine Lady of the Golden Aeon, HeRa. This is the restoration of perfection and alignments into the Gardens of Eden, and the Personal Edenic Blueprints and designs of life as designed by God. All Blueprints of Paradise will be restored for every living human, animal, and Gods creation.

This book has been encrypted at the 7th Dimensional and 8th Dimensional octaves of frequencies and the base tones of the MaHAra-Reisha Blue Sapphire Solar Edenic Angels, the Peacock Edenic Queens holding the blueprints of the Gardens of Eden.



Chapters

Chapter 1 - The Blue Sapphire Sun-Set, Setting and Preparing the World to Receive Eden

Chapter 2 - Galactic Core Heart Alignments ~ Pure Heart Services to Receive Eden

Chapter 3 - Eden ~ Perfection as an Embodiment

Chapter 4 - The Actualized Eden

Chapter 1 - The Blue Sapphire Sun-Set, Setting and Preparing the World to Receive Eden

The Solar Reisha Blue Sapphire Suns hold all edenic blueprints for humanity, as embodied as the Magi Queens of Eden. MaHAra Blue Sapphire Suns often times come in or are birthed through the Pavo Sun-Star constellation embodied in Peacock God Body. This section free's all Blue Sapphire Sun origin Peacock God Bodies to have free reign through the time matrix returning blueprints of Eden as Blue Sapphire Sun Star Plasma Streams.

The Blue Sapphire Sun Plasma Wave for Humanity

The Blue Sapphire Sun plasma waves stream from the heart center and navel seed of an embodied peacock solar angel with the mission strands of facilitating edenic plasma waves that connect into the spiritual Gardens of Eden on earth spanning into Tara and the Gaian matrix. Through the heart center connected to the Pavo constellation, the inner starting phase Emerald crystal will be revealed. It is this angelic human spiritual biological body part that creates the personal edenic blueprint and shifts the personal mission sphere to receive the new Edenic living template. All angelic humans have the ability to receive their personal edenic blueprint - Paradisian diamond sun codes to further bio-regenerate their Diamond Sun Template, 12 strands of DNA full bio-regenerated. The love of the Holy Mother and Holy father further illuminates the Inner Emerald crystal and reveals ones path to the gardens of Eden.

Control Grids like the Anti - Christ's designed Financial Black Magic Money and Hollywood Sexual Misery Glamour-Glamorous Grid all fall under the category of being Anti-Eden and or an Anti-Perfection Control Grids to enslave Angelic Humanity. All Blue Sapphire Reisha Sun Plasma Waves override the sequences of enslavement and facilitate the destruction and decimation of these Satanic Control grids currently creating a divide between Angelic Humanity and the Intruder Forces that use these grids as a weapon to control all resources on the Earth. These two grids of control imposed onto angelic humanity will meet their appointment with destiny of being a control grid that has been destroyed and extracted from the planetary grid. The Gardens of Eden are in a process of returning to every living creation's heart, mind and soul to be actualized as a

collective remembrance of how life was once on the Earth, Taran Soul Planes and the Gaian Matrix.

The newly built Paradise Sun Grid (PSG) is a benevolent planetary grid network specifically designed to be the replacement of the two Luciferian based control grids. The PSG provides universal consciousness of HeRA, as the Cosmic Mother at the Universal level the ability to have control over all resources and elements. Through the control of all elements and resources returned into the hands of God, humans can receive the Glory of God Templars Abundance Template which is birthed by the union of the Maji Grail King and Queen that is the heart center of the PSG emanating as an incarnated Paradise Sun Body. The Paradise Sun Grid merges with the Blue Sapphire Reisha Eden Queens that emanate as Blue Sapphire Suns. It is always the Triple Solar Mother or Solar Female Goddess Eden and assorted edenic blueprints through sacred sexuality practices and triple braided Eiras. At the time of reading these blocks of text out loud by the ordained speaker, the Blue Sapphire Suns will merge their Blue Sapphire plasma streams and Eden Transmissions Into the PSG to support the final phases in which the Luciferian control grids will be destroyed.

Krystik Values to Receive Eden, The Purification of the Heart

Mother Tiamat known as the Mother of Eden holds the Pillar of Cosmic Opulence and the Triple Stars of Opulence within her expansive White Diamond Heart that creates White Diamond Eden tones that merge with the Blue Sapphire Sun Plasma waves. Her emanation through this time matrix is a Cosmic Mother Phoenix - Firebird God Body. She is known as the Mother of the Gold Order providing the Breath of Opulence to be received in tandem with Holy Father's Breathe of Truth. The Breath of Opulence provides humanity with opulent states of wealth in all of its forms. Formulated as a "wealth" of knowledge, food, life force, and resources with plenty more, an overflow, or a perpetual supply. The Breath of Opulence merges with the PSG, successfully opulizing or turning into the pearl spectrum of color the lower three chakras of every living creation. This disconnects the lower chakras of humans and animals to prepare for the decimation process of control grids that have been raping and abusing the planetary body. Every individuals lower three chakras or organs like the reproductive system and kundalini current (Life force) has been satanically binded to the two Luciferian control grids that has been purposed to harvest and syphon life force energies, and sexual energies in the form of metatronically built black keys from humans.

From the purification of the heart, one can access their personal edenic blueprint that has soul lead desires and the path of actualizing one's highest spiritual potential. We purify the heart with the personal breathe of love to override the Dark Flowering Affliction (DFA) and the Black Heart Anubis Pandemic that has been used to create Black Minds, Black Tongues, Black Eyes, and Black Hearts in humans. When a human has been infected with either the Dark Flowering Affliction or Black Anubis assorted infections, they become a house for Satan to dwell within. The edenic blueprint is made available by purifying the heart thus creating a house for God to dwell in. With a purified heart, the body becomes a resonant match to Paradisian Diamond Sun Edenic Coding that gently nudges the person on to a path that assists them in achieving their highest potential all while receiving desires that are based from the 5D soul matrix verses a desire that is coming from the 2D unconscious.

The Breath of Pavo

The Breath of Pavo is seen as a spiralic eternal breath pattern that is filled with many oscillating blue sapphire peacock feather eyes that sweep across the grid in a specific sequence to return the cosmic Christos spirits of paradise, opulence, bliss, and perfection. The Breath of Pavo comes from a Blue Sapphire Solar Peacock Angel whose throat creates crystal grid patterns that merge themselves with the PSG, multiplying and doubling its power and ability to decimate control grids enslaving humanity. Upon reading this outloud by the ordained speaker, the Breath of Pavo will have already merged with the PSG preparing the world to receive blessings from the Paradise Sun Grid. The Paradise Sun Grid is intimately connected to all Aurora Crystal elementals and Aurora water elementals successfully overriding the Maritime Law or the Law of Water that was created by Anti-Christ forces in connection to the building and creation of the Satanic Financial Control Grid Perpetual Angelic Human Poverties (the PAHP Grid).

Humanity must learn the truth about money and the control one has over someone's life who controls the entire circulating supply of money, globally. The PAHP Grid was designed by the False Amethyst Order Hellriders and Satan's 7 Horses of Lust, Greed and Addiction. Upon the reading of this block of text, the False Amethyst Order Hellriders and the 7 Satanic Black Stallions of grotesque values will be decimated and turned into their correct format, which is space dust particles. The Perpetual Angelic Human Poverties Grid has always been designed to dictate who receives opulent

calibers of wealth and HOW it is to be used. By the understanding that money has been used to enslave humanity, one can start to access thought forms where money can be used in a different fashion to foster the evolution of the planet and all inhabitants. This is what the PSG provides to humanity imprinted on the 9D Causal Plane - imprints of Christos Founders and Indigos receiving perpetual opulent states of wealth to be used for the greater good of all humanity and to foster a world where spiritual growth is the focus. Right now currencies are being used to pay for the AI false timeline of endless robots and AI technologies that trap organic consciousness into descending hell realms. This ends with the reading of this ongoing body of text created from the Universal Templar Body, Mother of God HeRA in her Golden Starlight Robes of the Golden Aeon or the Christos Golden Age facilitated by her full return and union with Universal Templar Body Holy Father Zeus, making the waves of Glory as the Gardens of Eden are birthed for Angelic Humanity to enjoy.

This is the start of Christos Founders, Maji Grail Queens and Kings being stewarded and entrusted billions of dollars from the Glory of God, the Heart of God to wield resources for the benefit of others in pursuit of multiplying Gods Blessings and creating the template where money is being used towards the evolution of consciousness on this planet FOR its people.

“I foster the use of billions in support of the Planetary Evolution of consciousness. I utilize billions of dollars in alignment with the Reclamation of the Christos mission. I know how to use money to support the highest timelines available on Earth, here and now.”

Chapter 2 Galactic Core Heart Alignments ~ Pure Heart Services to Receive Eden

Consciousness Expansion of the Heart and Crown

The heart and crown points on the ascending human biology denote the rate at which personal edenic four leaf clovers begin to spiral up the vertical column unlocking embodiments of the Thymus Higher Heart 8D and the 11D Pineal Gland/ Pituitary Gland Master Merge leading into exiting process of the Cerebral Crown Cathedral seen built

on top of the head as the vertical channel, direct connection with God (2D-5D-8D-11D-GOD) is cleared, strengthened, and purified to run the personal edenic four leaf clover streams to create an open source eternal feedback loop with the personal Christ Self or Christ Avatar Self. With full direct communications with the personal Christ Self, it is the Christ Self or Highest Krystik Version of one's self at the Christ Avatar Mind 12D that shifts and changes the Personal Missions Sphere to receive the octave of the New Edenic Living/Life Template that was created by Mother of Dragons MeriTAten and Father of Dragons MeTAtron.

The New Edenic Living/Life Template once activated inside of the Personal Mission Sphere aligns the body consciousness with soul 5D and monadic 8D based desires in the form of an eternally unfolding Personal Edenic Blueprint or the Personal Edenic Pathway that unfolds out of the heart center merging one with the Organic Timeline and the Gardens of Eden running parallel to the Organic Timeline of Cosmic Freedoms. Upon reading this section, all Black Personal Mission Spheres, Black Flowering/Black Rose Quasar Vehicles, and False Eden AI Blueprints of the Anti-Christ Forces will be decimated on command by Mother HeRA's Golden Loti-Lote-Lota Breathe Patterns of Hierogamic Union and Glory.

**The EDEN Consciousness Shift. Leaving behind Deprivation and Closed Finite
Looped Energetic Systems**

Eternal Dha/DA Innergetic-Energetic Networks as EDEN

The Eden Dha Networks or the sound tones of "DHA or DA" are seen as the override sequences to the False Eden Control Grids of AI Enslavement Possibilities. The Dha sound tone, when spoken in a mantrum creates flowering golden and silver daffodils (DAffodils) that display themselves flourishing across the planetary grids. As a person continues to say or express these sound tones their breath pattern will begin to take form as permanent eden golden-silver daffodils that override all elemental corruption and abuse of resources seen in the PAHP Grid. This block of text is a command tone for Solar White Queen Morgana, Mother of all Elementals and Solar Magician Alchemy. Morgana is the holder of the Yellow Diamond DA-Fa-Dil Breath Pattern and the Solar Ankhulasa/Ankhulasha refined Citrine Buttermilk, Milk and Honey Rivers of our Cosmic Mother HeRA. The Daffodil breath pattern and the Ankhulasha Milk and Honey Rivers will flow over the planetary grid provided by the anointed body of Yellow Diamond

Citrine Queen Morgana once spoken out loud to override any and all AI False Eden Grids of Enslavement Probabilities.

Citrine Queen Morgana and her beloved Emerald Star Enif Magi King of Elementals, Merlin, are the holders and representatives of the Pillar of Cosmic Glory (embodied as the Spirits of Cosmic Glory) that provide the shimmering Robes of Glory and the Glory of God template through the supportive Planetary Network Paradise Sun Grid for Humanity. At the time of command, Merlin in his chosen emanation of a Golden Winged Horse God Body will disconnect the PAHP Grid from the planetary body to prepare for the PAHP Grid Override/ Dismantle activation from the Paradise Sun Grid - Quantum Planetary Crystal that is the center of the PSG. (Previous Paradise Crystal with Triple Paradise Suns)

The PSG provides humanity with the opportunity to experience edenic lifestyles centered around the usage of resources to serve the Cosmic Mother and Father and nourish the planetary body that we live on. From the activation of the PSG, all currencies including digital currencies will have undergone a basetone shift taking the currencies out of the hands of satanic billionaires and trillionairs pushing New World Order Agendas and AI technologies as roll outs of electronic enslavement and assault through the essence of the trillion dollar plus black budget and government funding which built all deep under ground military bases to house Negative Alien Factions. The PSG brings accountability to the massive misuse of money and the misspending of allocated budgets from the world shadow governments to create weapons systems to be used on Angelic Humans or Founders who are whole heartedly serving the Christos Mission.

Open Butterfly Spiral Alignments

The “Open Butterfly” spiral alignment refers to the butterfly shaped thyroid gland and or reference to the throat chakra that goes through several different phases upon repeatedly singing or saying the Dha Edenic sound tones. The thyroid gland multidimensionally shifts to several different color spectrums when working with the Dha sound tone. The first color spectrum that is experienced is blue sapphire solar plasmas that creates blue sapphire flowering daffodils to merge with the PSG. The iteration phases of the Open Butterfly Thyroid is Blue Sapphire- Emerald- Magenta Diamond- and finally Golden Silver flowering daffodils as a breath pattern and vocal emanation.

This creates the 2D-5D-8D-11D feed back loop alignment with God to receive gentle nudges regarding the personal edenic pathway.

Chapter 3 - Eden - Perfection as an Embodiment

Working with the Cosmic Christos Spirits to build the Crowned Palace for God

The Crowned Palace for God is the final configuration of the crown chakra that is displayed as a shimmering plasma cathedral or palace that acts as the ordained location to telepathically and through direct knowing or cellular imprints connect or communicate with the personal Christ Self or God. The Crowned Palace is built through the purification of the heart in connection to the sex organs and the crown. One can call upon through daily practice the Cosmic Christos Spirits to build the **Crowned Palace**.

Chart:

Spirit of Cosmic Opulence

Spirit of Cosmic Love

Spirit of Cosmic Wisdom

Spirit of Cosmic Truth

Spirit of Cosmic Power

Spirit of Cosmic Sovereignty

Spirit of Cosmic Order

Spirit of Cosmic Destiny

Spirit of Cosmic Grace

Spirit of Cosmic Glory

Spirit of Cosmic Justice

Spirit of Cosmic Valor

The spirits of the Cosmic Christ are to be used as an personal daily practice in which the Cosmic Spirits would be breathed into the body to saturate, purify, and refine all layers of the mind, psyche, and personal embodiment

Specifically, through the use of the Spirit of Cosmic Opulence, Cosmic Truth, and Cosmic Destiny, the inner queen and inner king archetypal embodiment is revealed to one's self.

The Inner Queen and Inner King

Everyone born into the human body has an inner female gender principle and an inner male gender principle that both hold the keys to experiencing the Gardens of Eden or the personal edenic blueprint in the form of the edenic living template. For Founders, or Maji Grail King and Queens the inner gender principles are the reflection of the genetic twinning or genetic equal, divine hierogamic pairing. Through daily inquiry of the state of the inner genders, their thoughts, feelings and how they interact with one another will reflect your personal relationship with women, the cosmic mother, men, and the cosmic father. Daily inquiry with these aspects should result in direct communication, telepathic connection, and clear guidances as to the relationship you have with the Cosmic Mother and Cosmic Father that is reflected as your inner genders within 60 Days.

For Women

How does my inner feminine relate to me as a woman and as a woman how do I relate to my inner female?

How does my inner masculine relate to me as a woman and as a woman how do I relate to my inner masculine?

For Men

How does my Inner Feminine relate to me as a man, and how do I as a man relate to my inner feminine?

How does my Inner masculine relate to me as a man, and how do I as a man relate to my inner masculine?

Becoming the Inner Queen and Inner King

What is my relationship to the feminine? How does your inner feminine feel? What does SHE need in order to thrive within and without? How can I better support my inner feminine? What beliefs do I have about the feminine?

What is my relationship to the masculine? How does your inner masculine feel? What does HE need in order to thrive within and without? How can I better support my inner masculine? What beliefs do I have about the masculine?

My inner male is treasure beyond measure
How do you feel about that statement?

The realization of the inner genders is the realization of the process of reparenting the inner child, the inner teenager, and the inner young adult self that will be reflected in the inner gender that is your current sex or gender identity. The recommended path is to reparent and coach each gender principle into the embodiment of being anchored into the embodied Inner King and Inner Queen. One may experience these shifts directly.

Inner child grows up into the loving arms of the mother and father into the inner teenager and young adult self. Once re-parented at this stage the maiden to mother journey will be explored as reflected with the inner male gender principle until both gender pairings are embodied into being the Inner Queen and the Inner King in sacred inner Marriage

“The Queens must rise for the Kings to Arrive”

The actualized embodiment of the King and Queen are the highest aspects of the inner genders and physical embodiments that can be expressed. The Inner Queen is synonymous with the Solar Mother Self as is the inner King is synonymous with being the Solar Father Self. When one becomes the Inner Queen and the Inner King on the external creation reflected the person starts to embody the fullest extent of their power and actualizes their highest spiritual purpose or service to others, begin to fulfill their Cosmic Destiny or Destiny Path in Service to God.

Inner Hierogamic Union - Sacred Marriage

When the inner gender principles come into Union, the keys to ascension are accessed and the edenic path begins to unfold. It is through sacred Union of the male and female that the new edenic living template becomes available. The entrance into the Zero Point Fields of No Time (balance of the genders) is the entrance into quantum possibilities where one surrenders to their life being designed by God as God raises you upon the path of actualizing your highest purpose that often times contains specific mission tasks that correlate to future ascended Earth or the revelation of Christ Self Desires. Hierogamic Union is the basis foundation to understanding ascension and accessing forms of an edenic joyful life, as the Law of Gender is reflected in all living things, God's Creations. What is not accepted and reparented on the internal will show up as a trigger in the external reflecting the relationship you have with the inner genders. Talking to the inner genders is the first step in understanding how to embody the ascension frequencies that create the personal edenic blueprint. The personal edenic blueprint

CAN NOT be accessed without firm communication and understanding of the inner gender polarities. These inner gender polarities are YOU in spirit form and your divine partner if you are paired up as an Aeonic Pairing/ being Genetic Twins. This core fundamental basic cannot be side stepped as everything in one's life will reflect the embodiment of the inner male and female. Marriage of the two brings Eden as a reality of Paradisian Diamond Sun Coding that slowly activates the male and female ladder bonds of the DNA through harmony. This block of text states the allowance of the celestial marriage of HeRA and Universal Father Templar Body Zeus to return streaming as Cosmic Destiny and Cosmic Order into the Galactic Stargate System and Planetary Stargate Systems to recreate and restore all things as God would have it be.

Chapter 4 - The Actualized Eden

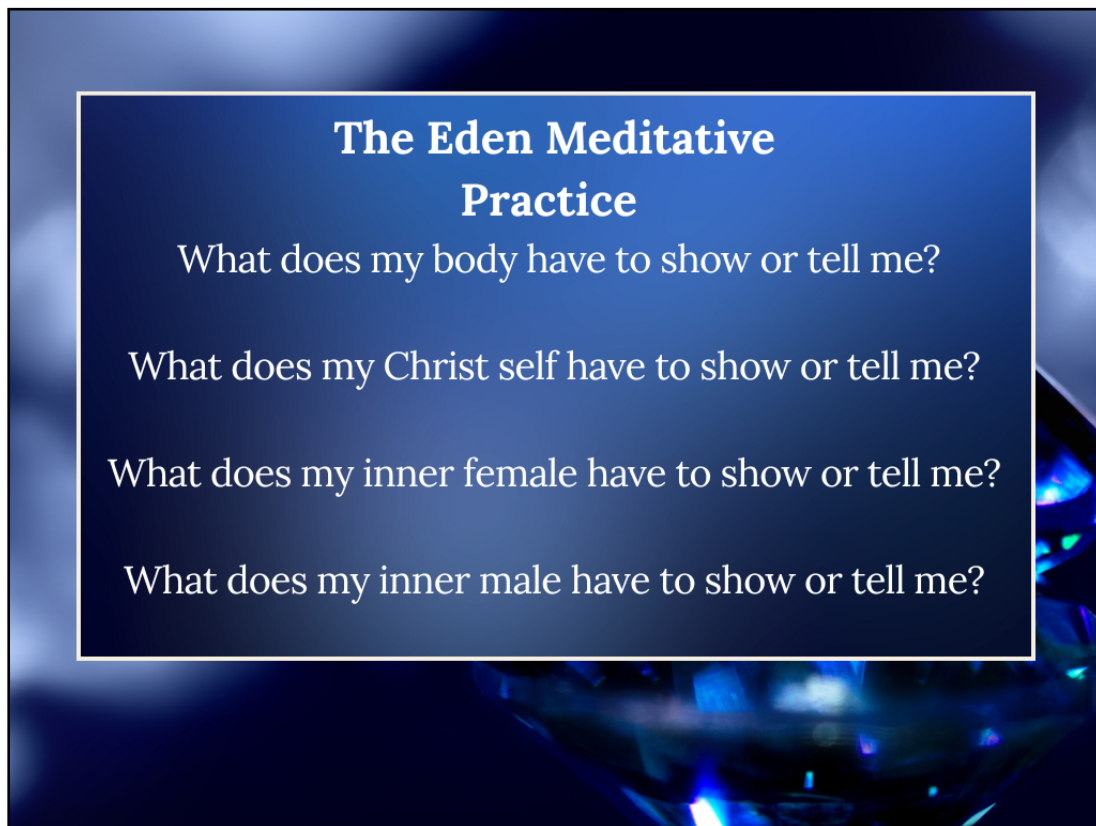
Eden Meditative Practice

The Eden Meditative Practice is designed to build communicative pathways with the Personal Christ Self, the Inner Genders and God by the activation of the 4th strand of DNA and healing of the Soul Matrix (4D-5D-6D) to bring online the angelic human sense of Cellular Telepathy. Cellular telepathy and telepathic communications provide a human with the ability to hear their inner gender's responses, bodily signaling, and direct communications with the Christ Self through the 10th Solar Star Chakra.

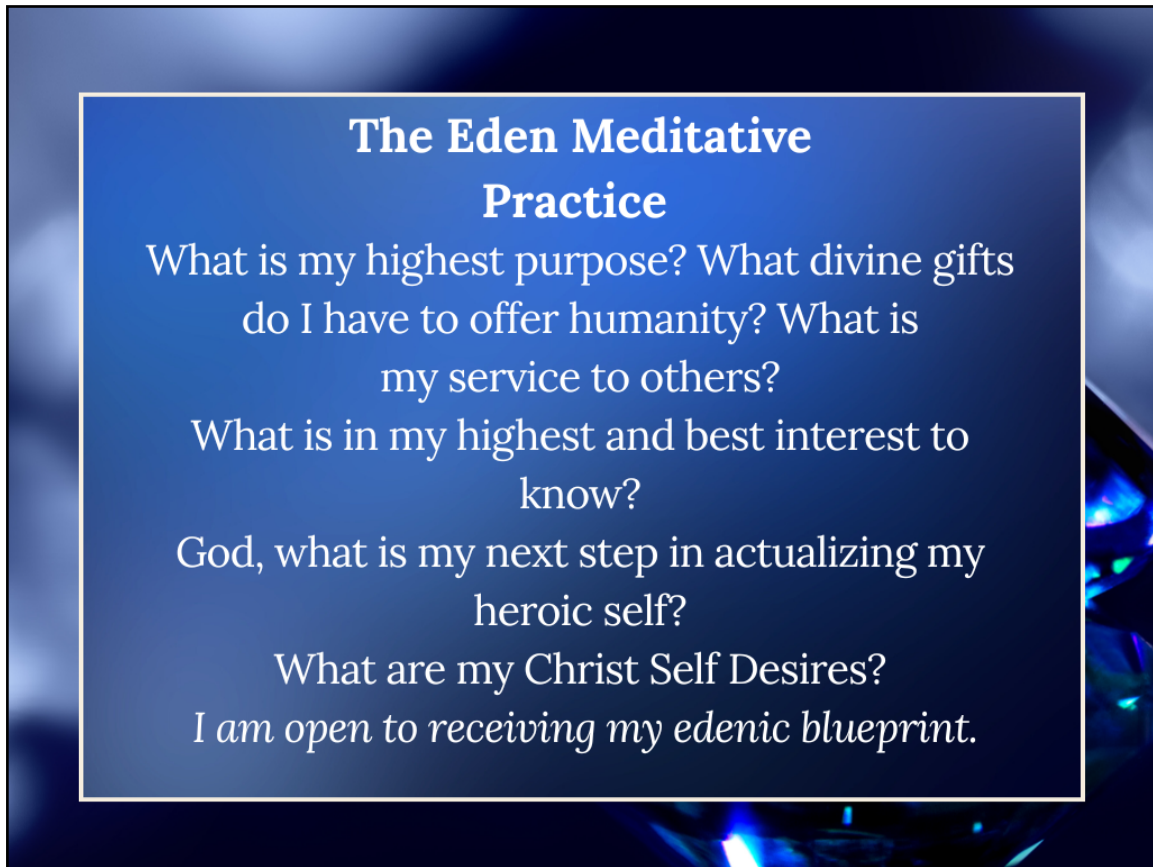
One will begin in a seated position, bringing all focus and awareness to the heart and breathing into the heart as if the heart could breathe (inhale and exhale). This simple practice activates the heart's divine intelligence field by bringing awareness to this place in your body. The next step is to down regulate the body by the breath pattern of inhalations for 5-7 seconds and exhalations for 5-7 seconds. This step effectively slows the mind down, and grounds the person into their body versus being in a mental based embodiment. Cellular telepathy originates from intuitive body signaling that can only be heard when we slow down, take the time to listen and get out of our mind. (out of the mind and into the body) After calming the nervous system through breath, dropping all awareness into the body, the next step is to search for the heartbeat to build a relationship with silence to receive answers from the divinity of our bodies. Steady yourself in the silence and listen to the body.

Stating outloud: I intend to listen to my body, hearing, listening, and receiving anything that I may need to know. I intend to connect to my Christ Self, my inner female and my inner male building the correct communicative pathways that I may hear them with clarity.

Use the question cards below in your meditative practice with a journal and a pen nearby. In the beginning you may not receive any responses or feedback. It is recommended to do this practice daily for a total of 12 weeks. Log your growth and feedback in a journal. One may receive full telepathic sentences or image imprints as intuitive guidances.



First Question Card



Second Question Card



Recorded Eden Meditative Practice for Access of Telepathic Communications

Steps:

1. **Breathe and steady your awareness into your heart (Remember to do 12D Shielding Technique)**
2. **Down regulate yourself through breathing (7 seconds in 7 seconds out)**
3. **Find and listen to your heart beat, drop into the silence, move slow (out of the mind and into the body)**
4. **Outloud Devotion**
5. **Ask the 1st and 2nd Question cards, journal your feedback and responses**
6. **Conduct daily for 12 Weeks**

**Over the span of 12 weeks, this practice successfully trains the body to go into silence to retrieve answers from the Springs of Truth. This is the first step to having a conscious starlight menstruation for embodied solar females to hear the wisdom of their feminine cycles. **

Life as the Gardens of Eden

Spoken out-loud, this is the restoration of the Gardens of Eden for Founders, Starseeds, and all of Angelic Humanity. Life as the Gardens of Eden means that in perfect timing one experiences their personal edenic blueprint through the forms of more than enough, over flow and, deep nourishment from the Glory of God- Edenic Krystik Abundant Resources (EKAR). Cosmic Mother HeRA in her Universal Templar Holy Mother embodiment births the Krystal Spiral Eternal Life Perpetual Resources and Abundance Template to override the massive amount of miss used and abused billions and trillions of dollars. This newly birthed template allows the usage of billions and trillions of dollars to go toward the evolution of planetary consciousness and the usage of currencies to be fully resonate with serving the Christos Mission. The PSG is merged with this template to provide humanity with the ability to receive resources from God.

Herein states the activation in the timelines where the first Krystal Star Billionaires are ordained this financial status to serve God and wield such level of resources for the evolution of planetary consciousness and global freedom. **Krystal Star Multi-Millionaires and Billionaires** are entrusted with a perpetual supply of resources from the Glory of God and Krystal Star to use money to facilitate massive shifts in consciousness to create the Edenic revolution where resources are no longer controlled by a satanic force, but that of an all knowing benevolent God, the Cosmic Christos emanating as Holy Mother and Holy Father.

Eternal Waves of Cosmic Glory

Eternal perpetual supply of resources

Infinite, never ending, a surplus to serve God

May everyone receive exactly what they need to thrive

Through the eyes and mind of God it is given as a blessing, a birthright

Prison Planet Earth turned Krystal Eden Planet into the forward timelines of the Gaian Matrix.

Where all solutions are given within mere seconds, God has returned to reclaim all of us as children of the Sun

Eternal Waves of Cosmic Glory

Eternal Waves of Cosmic Glory

Eternal Waves of Cosmic Glory

The Gardens of Eden are Restored by the love of the Universal Holy Mother and Father.

End of Translations